

**10<sup>TH</sup> ANNUAL RAPPAHANNOCK RIVER  
3 MILE RUN – WALK  
ST. MARGARET’S SCHOOL – TAPPAHANNOCK, VA  
SATURDAY, OCTOBER 11, 2008**

Come join friends and family for a run or walk through scenic Tappahannock, Virginia! The course will take you through town, along the river and wind up at historic St. Margaret’s School.

Details: Race begins at 8:00 a.m. sharp!

Registration before race day is \$15.00. Registration the day of the race (7:00 – 7:45 a.m.) is \$20.00.

Entry

categories: Male 18 & under, 19-39, 40 and up  
Female 18 & under, 19-39, 40 & up

Awards: All pre-registrants will receive an official race T – shirt. Shirts will be available to race day registrants while supplies last. The first 2 winners in each category will receive a cash prize. The first Essex County resident, SMS student, SMS parent, and SMS student/parent duo will receive special prizes.

Enter Now! Just fill out the attached form and drop it in the mail to:  
River Run Registration, St. Margaret’s School  
P.O. Box 158, Tappahannock, VA 22560  
Questions: Call 804-443-3357 and ask for River Run details  
OR  
Register online at [WWW.SMS.ORG/RUN](http://WWW.SMS.ORG/RUN)

*Parking is available in the Methodist Church Parking lot (near Lowery’s Restaurant).*

-----CLIP and RETURN-----

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex: M \_\_\_ F \_\_\_  
Address \_\_\_\_\_ City & State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ email \_\_\_\_\_

Waiver/release must be signed, dated, and submitted with registration. In consideration of the acceptance of this entry, I, the undersigned, assume full and complete responsibility for any injury or accident which may occur during the event or while I am on the premises of the event. I attest and verify that I am physically fit and have sufficiently trained for this event. Furthermore, I release and hold harmless the sponsors, organizers, volunteers, and all other persons or entities associated with their event from any and all claims and liabilities of any kind arising out of my participation.

Parent or Guardian must sign for a minor

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date